

# Instructions & Example

- 1 Begin your Log wherever you are at 3 a.m. on your Travel Day. Record every PLACE you go, even quick stops on the way to work/school, or after you get home, including walking the dog, biking, or jogging.
- 2 PLACE NAME and as COMPLETE ADDRESS information as possible.
- 3 EXACT TIME you ARRIVE at each place.
- 4 Record the code from the **LIST 1 CODES** (located on the flap of this Log) for "HOW did you GET there?"
- 5 Total NUMBER of other people in your travel party. (DO NOT INCLUDE YOURSELF).

- 6 If you traveled in a VEHICLE owned by your HOUSEHOLD, tell us the Make and Model.
- 7 Did you get out of your vehicle at this place?
- 8 If you rode Transit, record which route number or line you used.
- 9 Record ALL the codes that apply from the **LIST 2 CODES** (located on the flap of this Log) for "WHAT did you DO there?"
- 10 EXACT TIME you LEAVE each place.

	FOR EACH PLACE: Please record the NAME OF THE PLACE you visited and the EXACT ADDRESS or NEAREST MAJOR INTERSECTION CITY and ZIP CODE	What TIME did you ARRIVE? Record exact time
<b>PLACE 1</b>	Your location at 3:00 a.m.: <input checked="" type="checkbox"/> My Home <input type="checkbox"/> My School <input type="checkbox"/> Other Place <input type="checkbox"/> My Work <input type="checkbox"/> Bus stop or Train station <i>Provide the name of the place and as much of the address as possible below:</i>  Address City, State Zip	
<b>PLACE 2</b>	Next PLACE: <input type="checkbox"/> My Home <input type="checkbox"/> My School <input checked="" type="checkbox"/> Other Place <input type="checkbox"/> My Work <input type="checkbox"/> Bus stop or Train station <i>Provide the name of the place and as much of the address as possible below:</i>  Gas station name Address City, State Zip	7 : 16 am/pm
<b>PLACE 3</b>	Next PLACE: <input type="checkbox"/> My Home <input type="checkbox"/> My School <input checked="" type="checkbox"/> Other Place <input type="checkbox"/> My Work <input type="checkbox"/> Bus stop or Train station <i>Provide the name of the place and as much of the address as possible below:</i>  Name of child's school Address City, State Zip	7 : 26 am/pm
<b>PLACE 4</b>	Next PLACE: <input type="checkbox"/> My Home <input type="checkbox"/> My School <input type="checkbox"/> Other Place <input checked="" type="checkbox"/> My Work <input type="checkbox"/> Bus stop or Train station <i>Provide the name of the place and as much of the address as possible below:</i>  Name of your workplace Address City, State Zip	8 : 03 am/pm

Person would continue to record Places 5-10

HOW did you GET there? Use the LIST 1 CODES	NUMBER of people traveling with you? Don't include yourself	IF AUTO/TRUCK/VAN: Which household VEHICLE? Make & Model	IF TRANSIT: Did you GET OUT of your vehicle? Which ROUTE # or LINE?	WHAT did you DO there? Use the LIST 2 CODES	What TIME did you LEAVE? Record exact time
X	X	X	X	List ALL codes that apply	7 : 11 am/pm
List ONE code only	1	Honda Civic	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	List ALL codes that apply	7 : 21 am/pm
List ONE code only	1	Honda Civic	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	List ALL codes that apply	7 : 34 am/pm
List ONE code only	0	Honda Civic	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	List ALL codes that apply	12 : 01 am/pm

For assistance, call NuStats toll free at 877-261-4621